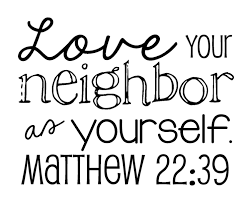
**Singles Red Ball Tennis Etiquette**

**Enkels rooibal tennis etiket**

Good tennis etiquette won’t give you a bigger serve or a more accurate backhand, but it will make you more fun to share a court with and you will enjoy it more.

Tennis etiket maak tennis meer genotvol, vir jou opponent en jouself.



**Jy moet jou naaste liefhê soos jouself**

1. **Respect your Neighbours**

**Respekteer jou naaste**

### **Decisions, decisions …**



To decide who will serve first, **spin a racquet**. (To determine **who will serve first**, spin your racket on it's head, let it fall to the floor, and ask your opponent to call **rough** or **smooth**. Look to see whether the tied-off strings on your racket are facing up or down, if they are up then that's **rough** and if they are down that's **smooth**.) The person who wins the toss may choose to serve, receive, pick which end of the court they would like or even make their opponent choose.

Bepaling van wie dien is bepaal deur die draai van n raket.

### Image result for making ready for a tennis serve clip art images

### **Serve the right way**

Before you serve, make sure your opponent is ready to receive.

Jy kan net dien as jou opponent reg is om te ontvang.



### **Walk with care**

**Don’t walk behind another court during a point**, or across **someone else’s court** while they’re in the middle of a game or **interrupt a point on another court to retrieve a ball.**

**Moet nooit ander wedstryde onderbreuk nie deur agter n’ baan te stap of oor ‘n baan.**

If a ball comes onto your court from another match, **wait** **until they have finished their point to return their ball.** Even if you roll the ball out of harm’s way during a point, at least one side will see that ball rolling behind the court and might become distracted, stopping the point (which will have to be played over).

Maak voorsorg dat ‘n bal eers terugversorg word as die punt klaar is.

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**Do the right thing**

**Apologise** if you win a **lucky** point or if you accidentally **hit your opponent** with a ball.

Vra om verskoning as jy ‘n gelukkige punt wen.

### Image result for focus on your match only clip art images

### **Focus on your match**

Keep your attention on the court – **don’t chat to spectators, interrupt a game to answer your mobile phone.**

Gee al jou aandag aan die wedstryd en moet nie enige afleings toelaat nie

### **C:\Users\Pierre\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\DAD4DCF1.tmp**

### **Leave the tantrums to the kids**

Don’t have a tantrum if things aren’t going your way.

Moet nie soos ‘n baba tantrums gooi as dit sleg gaan met jou.

**2, Tennis Ball Collection/Distribution**

Tennisbal verspreiding



Where **a ball interrupts play**, either by rolling/bouncing onto the court, and/or creating a visible interruption behind the court a **let should be played**. Either player can call a let in these circumstances provided they do so in a timely manner.

‘n Let kan geroep word, as spel onderbreuk word, deur ‘n vreemde bal op die baan.



Players are entitled to **request their opponent to remove the ball from the court** prior to the commencement of the point.

Jy kan jou opponent vra om n bal te skyf op sy baan.



When ball persons are not available, all balls on your side of the net are **your responsibility to pick up and return directly to the server.**

**Tel die balle op aan jou kant van die baan**



Too much time can be wasted by not being efficient enough **looking after tennis balls during a game**. Here are some **tips** to help speed up this process and get tennis balls to the server as quickly as possible:

Wenke om die bal verspreiding te be bespoedig.

* Keep tennis balls in your hand, in a pocket, in a ball clip, or at the back centre of the court against the fence.

Hou die balle by jou in jou sak of in ‘n kogelknip.



* If there is a brief pause in play (even between points**) look around for any tennis balls, you could collect** before the server wishes to start serving again.

Sodra daar die kortste pouse is, moet jy balle op tel.

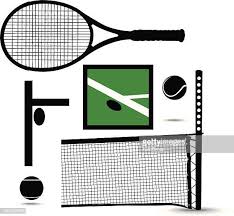


* If the server requires a tennis ball, **the player closest to a ball should get it** and pass it the server.



* **Pass** a ball to the server at a **sensible speed** so that it is easy to catch, bouncing once or twice.

**Wanneer jy ‘n bal aangee stuur dit so dat sorgvuldig vir jou opponent.**

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* 1. **Line Calls**

If you are **unsure** as to whether your opponent's shot was in or out, **call it in**.

As jy onseker is oor jou roep dan gee toe dat dit in is.



**Question Only Once**

If you think (or even know) your opponent has made a bad call, **you can ask once (per point) for clarification and that’s it**. No matter how flagrant a bad call, you can’t argue. If there’s an official, you can **ask for a referee to make calls,** but it’s impolite to keep challenging the same call — and, you might be wrong!

Jy moet slegs een keer jou opponent vra of hul seker is oor hul roep wat jy ingesien het. Jy moet die roep aanvaar of vir ‘n lynregter vra.



Each player is **responsible for all calls on his/her side** of the net, however it should be noted that a Court Supervisor or **Referee is permitted to reverse an incorrect line call.**

Net ‘n skeidsregter kan jou roep verander.

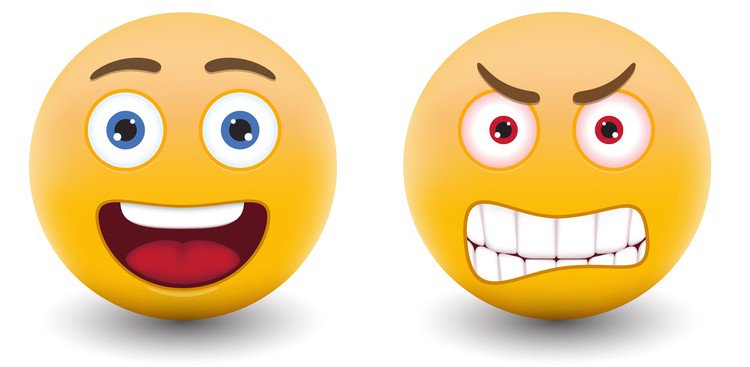


1. All "out" or "fault" **calls** should be made **promptly** after the ball has bounced and must be **loud** enough for the opponent to hear.

Roep vinnig en duidelik.



**4, Body Language**



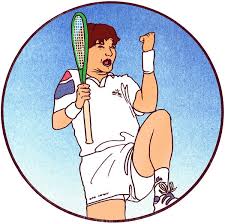
Tennis **can be a frustrating game** if you are not getting your serves in or not hitting your shots, but **try to remain upbeat and happy**. **Your opponent doesn't want to be playing tennis with someone who is miserable so cheer up!** You are more likely to play better tennis if you are calm, relaxed, focussed, and in a positive frame of mind.

Tennis is soms frustreerend wees maar jy moet jou gemoedere moet altyd onder beheer wees. Niemand wil teen ‘n mismoedige opponent speel.

**Screaming** regularly and loudly, whether in relation to winning and/or losing a point is likely to cause **interference to play on nearby courts** and may be considered **unsportsmanlike** conduct.

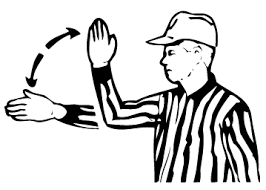
Swak luidrigte gedrag veroorsaak onsmakliheid vir almal wat dit hoor.



**Constant overt celebration directed at an opponent may be considered intimidation**, and therefore unsportsmanlike conduct.

### **A time and a place**

Be respectful of your opponent. While it’s fine to celebrate your successes it’s not polite to pump your fists, hiss “yes” or high-five spectators when your opponent makes an error



1. If a player is unhappy with his/her opponent's actions or decisions, he/she should call the Referee or Court Supervisor immediately.



1. No profanities, yelling or screaming at any time while on court.

### Cell phones must be silenced. **Congratulations**

Shake hands firmly and congratulate your opponent at the end of the match. Nobody wants to grasp a limp, clammy dead fish in celebration of a big victory.

1. If you are around the tennis courts but not playing, please keep noises to an appropriate level and respect members who are playing.
2. Always be safe. Do not participate in any behavior that would risk injury to anyone else, such as throwing or hitting balls when not asked to, throwing your racquet or any other object on or off the court.
3. Have fun! The entire objective of playing tennis, aside from being good aerobic exercise, is to have fun. You can follow these rules of etiquette and still have a good time on the courts – the players on adjacent courts will appreciate it.

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1. Spectator etiquette

Toeskouer etiket



**Silence Please**   
**During the point you should keep quiet**, that means cheering and chatting are a no-go and **cellphones should be on silent**. Tennis requires extreme concentration and focus and the last thing a player a needs is your ring tone or text message notification chiming in while he or she is serving match point at over 100 miles an hour.

Stilte is die geheim wat beteken geen selfone om spelers afsit.



**Cheer Correctly**

**Ondersteun ordentlik**

**Following an incredible point, you are welcome to cheer encouragement, but only immediately following the shot**. At no time should you heckle or boo, tennis is the “sport of kings” after all.

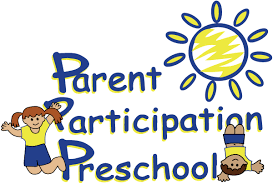
Ondersteun goeie spel slegs na die laaste hou.

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**Enjoy the Game**

The whole point of attending a tennis match is to witness tennis. — and you can’t do that if you spend the whole game looking at your phone. My advice is to **put your phone away** and focus on the players.

Toeskouers moet hul selfone afskakel.

1. Rules for parents

Reels vir ouers

**Let Kids Play**

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Parents should **not coach kids, make calls, explain rules or give coaching advice during junior matches.** The only **exception** to this is if the league rules encourage this (often for beginner tournaments) and parents are unbiased, helping both or all four children. Getting involved with your child’s match also puts pressure on her and makes it less fun

Onder geen omstandighede mag ouers die volgende doen tydens ‘n wedstryd nie:

Afrig

Lynroepe maak

Enige verduideliking doen

Advies gee